



# PARTNERS FOR CHILDREN

SPRING | 2024

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**In today's society everyone seems to be very busy, constantly in a rush and/or on their phone!** We often wonder how that affects the young children in our lives and our ability to connect with them. Have we somewhat lost the ability to put all things aside and truly be there in the moment with children?

These moments are crucial for attachment, healthy self-esteem, social/emotional development and so much more. Children are born to be social beings so we need to nurture that in them. A strong connection with a child will also make navigating any later challenges a little easier because that strong base is present.

## SO how do we do this:



### Be Present

Not just physically but completely present by removing all distractions.

If you aren't present your child notices and determines that they are not as important as your phone, or the TV or....



### Listen

Listen not only to what they are saying, but also to what their behaviour is saying. Children can say a lot without saying anything.



### Enjoy Yourself and Release the Guilt

Have fun when playing with your child and don't beat yourself up when you can't. Life is busy and this is a case where quantity and quality matter, but making time for true shared engagement when you do connect is key!



### Play

Engage in play with your child and follow their lead (as long as appropriate).

It doesn't matter if they want to play with a toy in a different way than originally designed, as long as it is safe.

When you follow their lead their self esteem grows because you have acknowledged them and joined in.



### After Listening Acknowledge their Message

Let them know that you have heard them (either what they said or did). If their message is that they want something (they can't have) then you don't have to give it to them but let them know you understand. "I see that you want an ice cream, but it is almost dinner so not today."

If they are upset for example: "I can see that you are upset, can you tell me (or show me) what happened?"

# partners for children contact information

Parenting Groups: 1-867-332-5990

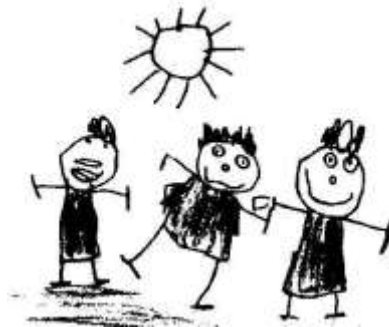
Family Resource Centre: 1-867-332-9458

Email: [contactus@partnersforchildren.info](mailto:contactus@partnersforchildren.info)

Mail: Partners for Children  
108C Copper Road  
Whitehorse, YT  
Y1A 2Z6



Visit our website at  
[www.partnersforchildren.info](http://www.partnersforchildren.info)  
And follow us on Facebook and Instagram  
for all up-to-date information!



The Partners for Children newsletter is edited and produced through the Network for Healthy Early Human Development Yukon (NHEHD).

The views expressed herein are solely those of the authors and do not necessarily represent the official policy of Partners for Children, NHEHD Yukon or the Public Health Agency of Canada.

# community websites

Autism Yukon  
[www.autismyukon.org](http://www.autismyukon.org)

Big Brothers Big Sisters of Yukon  
<https://yukon.bigbrothersbigsisters.ca>

Child, Youth and Family Treatment  
Services  
[https://yukon.ca/en/health-and-wellness/  
mental-wellness/get-counselling-and-support-  
-families-youth-and-children](https://yukon.ca/en/health-and-wellness/mental-wellness/get-counselling-and-support-families-youth-and-children)

Child Development Centre  
<https://cdcyukon.ca/>

Department of Education Early Learning  
and Childcare Programs  
[https://www.yukon.ca/en/early-childhood-  
learning-and-program](https://www.yukon.ca/en/early-childhood-learning-and-program)

Early Learning Program, Yukon University  
[https://www.yukonu.ca/programs/early-  
learning-and-child-care](https://www.yukonu.ca/programs/early-learning-and-child-care)

Family Law Information Centre  
[https://yukon.ca/en/family-law-information-  
centre](https://yukon.ca/en/family-law-information-centre)

Fetal Alcohol Society Yukon  
[www.fassy.org](http://www.fassy.org)

Hospice Yukon Society  
[www.hospiceyukon.net](http://www.hospiceyukon.net)  
LDAY Centre for Learning  
[www.ldayukon.com](http://www.ldayukon.com)

Network for Healthy Early Human  
Development  
[www.NHEHDYukon.org](http://www.NHEHDYukon.org)



Partners for Children  
[www.partnersforchildren.info](http://www.partnersforchildren.info)

Recreation & Parks Association of the Yukon  
(RPAY)  
<http://www.rpay.ca>

Skookum Jim Friendship Centre  
[https://skookumjim.com  
/programs/](https://skookumjim.com/programs/)

**Victoria Faulkner Women's Centre**  
<http://www.vfwomenscentre.com/>

Volunteer Yukon  
<https://www.volunteeryukon.ca/>

Inclusion Yukon  
<https://www.inclusionyukon.org/>

Yukon Child and Youth Advocate  
[www.ycao.ca](http://www.ycao.ca)

Yukon First Nations Education Directorate  
(YFNED) Early Years  
[www.yfned.ca/earlyyears](http://www.yfned.ca/earlyyears)

Yukon Literacy Coalition  
[www.yukonliteracy.ca/](http://www.yukonliteracy.ca/)

Yukon Public Libraries  
<http://yukon.ca/en/libraries>

# Mothering Your Baby



## A postpartum group for moms with babies under the age of 1 New offerings in the spring, fall and winter 2024

Mothers and their babies are invited to join us for sharing, connection, information and fun! We'll discuss the ups and downs of new parenthood, our journey into our identity as a mother, our changing bodies, lives and relationships, and all that YOU want to talk about.

Register with Partners for Children – 332.5990  
[familyprogs@partnersforchildren.info](mailto:familyprogs@partnersforchildren.info)







# **Romp n Run is back for another season! For children 4 and under and their parents and caregivers!**

20-30 minutes of fun, interactive and age appropriate programming for kids and parents. A healthy snack after the programming; coffee/tea for the adults. Open playtime follows with lots of equipment/toys for tumbling, moving and exploring. Parental participation and supervision is required.

**Spring session**  
**April 2nd to June 6th**  
**Tuesdays and Thursdays**  
**10 to 11:30 am in the**  
**Haines Junction Arena Mezzanine**

**New Families please contact Laura at**  
**[laura.gorecki@gmail.com](mailto:laura.gorecki@gmail.com)**



Romp N Run is provided and funded by Partners for Children with additional support from the Village of Haines Junction and Lotteries Yukon.



# **We are beyond excited to welcome Marianne Goebel to our team as our Family Resource Centre Coordinator**



### ***What attracted you to this position?:***

From working in a daycare to support myself through university, to my years spent teaching in a classroom, I've always loved working with children of all ages. What better way to continue in this field than to work in a role that directly supports parents and caregivers in real time? Beyond this, it's incredibly exciting to help build a program from the ground up. I get to utilize my own experience coupled with feedback given by our parents and caregivers who access our resources, the latest research in early childhood development, and the guidance of our amazing Partners for Children Program Coordinators to inform everyday operations and our long-term program goals. It is an incredibly holistic approach to supporting families in the Yukon, and I am very happy to be on the team.

### ***What have you enjoyed so far in the position:***

Holding babies! Connecting with parents! Working with our partners! Building our Resource Library!  
The list is endless.

### ***What are you looking forward to?***






I am looking forward to centre hours growing, both in patronage and programming. You can expect to see extended hours, programming informed by participant feedback, and continued access to our ever-growing resource library. I am looking forward to helping build a space where parents and caregivers can ask questions, feel supported, get help navigating the wide array of community programs and resources offered in the Territory, and have opportunities to connect with other parents/caregivers in a low-stress environment.

**Check out the April Family Resource Centre and Group  
Delivery schedule on the following page  
and follow Partners for Children on Facebook and Instagram.**

# APRIL 2024

## PARTNERS FOR CHILDREN

### 108 Copper Road

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1 Easter Monday	2 10 am - 2 pm FRC Open	3 10 am - 3 pm FRC Open	4 10 am - 1pm FRC Open Sensory Play	5 10:30-12:30 Mothering Your Baby Group**	6 	
7  10 am - 3 pm FRC Open 10-12 Early Literacy Drop-in	8 9 10 am - 3 pm FRC Open 10-12 Early Artists Drop-in 10:30-11:30 PCMG Group at CDC**	9 10 10 am - 3 pm FRC Open	10 11 12 - 3 pm FRC Open 10:30-11:30 Parent Child Mother Goose Group**	12 19 10:30-12:30 Mothering Your Baby Group**		
15 10 am - 3 pm FRC Open 12-2 Sensory Play Drop in	16 10 am - 3 pm FRC Open 10:30-11:30 PCMG Group at CDC**	17 10 am - 2 pm FRC Open	18 10:30-11:30 Parent Child Mother Goose Group**	25 1 - 3 pm FRC Open 10:30-11:30 Parent Child Mother Goose Group**	26 10:30-12:30 Infant Massage Group**	
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29 10 am - 3 pm FRC Open 12-2 Sensory Play Drop in	30 9:30 - 11:30 am FRC Open 10:30-11:30 PCMG Group at CDC**	**Registered Program - follow our Facebook page <b>FRC - Family Resource Centre</b> (for parents of children 0 to 6) - stop in for a chat, ask questions, check out our resources and have a coffee and/or come to a themed drop in				





# *SJFC Prenatal Program*

*One of the longest running programs in Whitehorse 22+ years*

*For expectant parents & for those with babies  
up to 18 months old*

*Free Diapers & Wipes*

*Cook on site for lunches*

*Monthly Gift card/ Food box*

*Monthly educational and cultural programs*

*Rides for parents in need: medical appointments,  
shopping, and programs*

*Skookum Jim  
Friendship Center*



*Call Ronda (867) 633-7680 ext 1006*

*or email [prenatal@skookumjim.com](mailto:prenatal@skookumjim.com)*



# Parent-Child Mother Goose

Discover the power and pleasure of rhymes, songs, and stories



**A FREE group for caregivers and little ones ages 0-5 yrs.**

Thursdays, April 11 - May 30

Partners for Children, 108 Copper Rd  
10:30 am – 11:30 am

Follow Partners for Children on FB and register on [EventBrite](#)



# Parent-Child Mother Goose

Discover the power and pleasure of rhymes, songs, and stories.

**A FREE group for caregivers and little ones ages 0-5 yrs.**

Tuesdays, April 9 - June 11

At the Child Development Centre  
10:30 am – 11:30 am

Follow Partners for Children on FB and register on [EventBrite](#)

Families registered with the CDC can register directly with Jennifer Freeman, 456-8182 ext. 190





# TRADITIONAL PARENTING PROGRAM

## Traditional Knowledge taught to our families

Learn harvest various animals, plants and landscapes, traditional medicines, homemaking, and on the land survival skills etc. from local Elders and Knowledge keepers, Elders in Training, other families.



## Learn how to sew, bead and make patterns

Join us in our regalia and outdoor wear workshops for parents with kids 0-6 yrs old.



## Come eat with us and learn, talk and laugh.

We offer various Drop-in Programs for parents, caregivers and youth. Bring your babies or young children, we can teach them as well



## Plan for other projects that the group is interested in learning

Personalized and Client-based programs are available



For more info contact our Traditional Parenting Coordinator, Temira Vance at [traditional.parenting@skookumjim.com](mailto:traditional.parenting@skookumjim.com)  
(867) 633-7680 ext 1005





## COMPASSIONATE PARENTING

### Connect then direct



#### Children respond positively when they feel you care about them.

- It is important to show your children that you hear them and care deeply about their needs. Children will listen and respond positively when they feel respected.
- In times of conflict and **before giving direction, start with a compassionate connecting statement** like **"I love you."** Next, reflect back their feelings or mood, for example **"I see you are frustrated."** Then give them direction, for example **"I need you to use words"** or **"I need you to change what you are doing."**
- Acknowledge your children's feelings by truly seeing their perspective and your relationship will be strengthened. They will trust you to be fair, and they will be more open to taking direction.

This is the fourth hint in the Compassionate Parenting – Lessons from our Forest Friends Booklet.

Created by Stace Burnard, Heather Dundas and Lara Bode.





**The New Space:  
103-1191 Front St.**

*Come see  
us at the new  
space!*



**Fun, free, drop-in  
programs for you and  
your child!**

**SPRING 2024:**

**March 25 - May 18**

*Drop-in Play: Mar 25 - 29*


*Programs begin April 2*

*Closed: Mar 29-April, April 16*

No registration required.

Please stay home if  
you are sick.


For more information, call  
668-8698 / 668-6535


 Yukon Family Literacy Centre

 @yukonfamilyliteracycentre



For more information, call  
668-8698 / 668-6535

 Yukon Family Literacy Centre

 @yukonfamilyliteracycentre

**NEW LOCATION!**  
103 - 1191 FRONT ST.

★ *All programs are drop-in.* ★  
*Everyone is welcome!*

Mon/Tues/Weds/ /Fri/Sat 9am-12pm; 12:30-3:30pm  
→Thurs. 12:30-3:30pm

*All programs are based on adult-child participation and ALL AGES!"*

### MORNING PROGRAMS 10:30 - 11:30 am

**Monday: Little Inventors** Let your child's imagination soar with inventive thinking and hands-on learning.

**Tuesday: Little Chefs** Enjoy a blend of story, food, cooking activities and crafts!

**Friday: Mini Mozarts** Clang, bang, sing and play. Magical music-making for you and your little ones!

### AFTERNOON PROGRAMS 1:30-2:30 pm

**Wednesday: Community Connections** Connect with elders in your community! Join us for an intergenerational story time with accompanying crafts and activities.

**Thursday: 123, ABC** Early literacy begins with play. Join us for number and letter-themed activities.

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★ **All other times: Family Free Play Drop-in** Enjoy crafts, reading, painting, and more. When children play, they build skills crucial to healthy development. Playing together as a family fosters physical, social, cognitive and emotional growth.



# Five Plump Peas

A Mother Goose Rhyme by Jo Lukawitski

Family Programs Trainer and Facilitator at Partners for Children



Five plump peas

—> hold hands in a fist

In a pea pod pressed

One grew,

Two grew,

—> uncurl fingers as you count

And so did all the rest

And they grew, and they grew,

And they never, ever stopped,

—> raise hands in the air very slowly and to the beat of the rhyme

Until one day

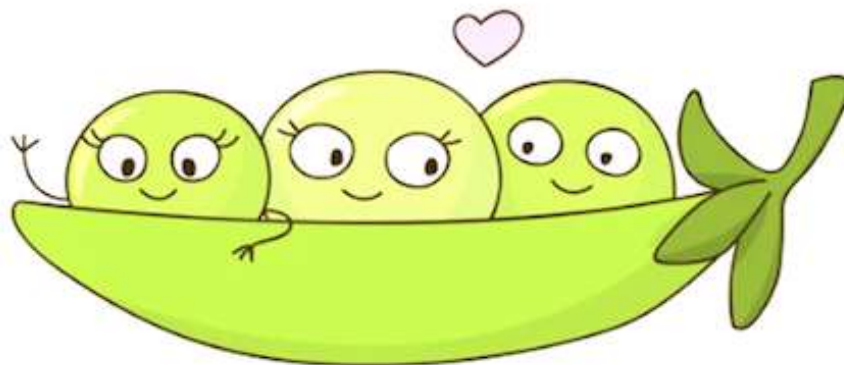
That pea pod

POPPED!!!

—> clap hands together

## How and when to use this rhyme:

Use your child's hand to do the actions. Help them create a fist ('in a peapod pressed'). Then as 'one grew, two grew', uncurl their fingers. For babies, help them make the gross motor action of bringing their hands together in a dramatic clap when the pea pod pops! If using with toddlers, you can slow down and build anticipation before you pop. This builds memory, patience and self-regulation. For more tips see the opposite page on how to encourage language development from our friends at the Child Development Centre.





## General Suggestions to Encourage Language Development



We hope you have fun attending a Parent-Child Mother Goose group and learn new songs to sing with your child. Here are some strategies you can use while singing to help with language development.

### **Be animated**

If you are enthusiastic and entertaining, it makes communication more fun and keeps your child interested. Use facial expressions and vary your intonation. Many Mother Goose songs use different voices, vary the volume and speed up or slow down to keep them interesting!

### **Be face to face**

Singing with your child allows you to be close to each other. Try getting down to your child's level – lie on the floor or kneel down. Diaper changes are always a good time to be face to face. This position will encourage your child to listen and watch you.

### **Pause**

Pauses during familiar songs are an invitation for your child to take a turn. Try to pause after a line in the song and wait for your child's turn. Waiting is hard but it will give your child time to try and imitate you or take their own turn in the song. Remember, their turn may be a word, a sound or a gesture.

### **See what's of interest**

Does your child have a favourite song? Follow your child's lead and sing her favourite songs. This will help her pay attention and encourage her to interact with you.

### **Keep it simple**

Mother Goose songs are simple and have lots of repetition. Sing clearly and try to slow your speech down. The repetition in songs is really helpful for language learning.

Compiled by Jennifer Freeman and Rachel Moser



# A Guide to the

# Canada Dental Benefit



Tooth decay is the most common, but preventable, childhood chronic disease both in Canada and around the world. Oral diseases frequently begin in the preschool years which is why it is so important to establish good oral hygiene behaviours in those early years.

The Government of Canada has implemented the interim **Canada Dental Benefit**, which is designed to provide some financial support to help Canadian families access dental care. With this benefit, families can start addressing some of the basic dental care that their young children need while the Government continues its plans to develop a long-term Canadian dental care program.

## ? WHAT is the benefit?

The interim Canada Dental Benefit provides payments **up to \$650** per eligible child under 12 years of age, per year for two years.

**\$650**

if the family's adjusted net income is under \$70,000

**\$390**

if the family's adjusted net income is **between \$70,000 and \$79,999**

**\$260**

if the family's adjusted net income is **between \$80,000 and \$89,999**

The benefit can be used for any dental care provided by any regulated dental professional.



## WHO can apply?

Parents/Guardians who:

- ✓ Have a child under 12 years of age, who does not have access to private dental care insurance.
- ✓ Have an adjusted family net income under \$90,000 per year.
- ✓ Have filed last year's income tax return—for more information on how to file a return, visit [Canada.ca/doing-your-taxes](https://Canada.ca/doing-your-taxes).
- ✓ Receive the Canada Child Benefit for each eligible child.
- ✓ Have or will have dental care expenses for each eligible child that have not been fully reimbursed under another federal, provincial or territorial government program.



## HOW can you apply?

Canada Revenue Agency (CRA) My Account will be the quickest, easiest and most secure way to apply for the Canada Dental Benefit. If you don't yet have a CRA My Account, you can register at [Canada.ca/my-cra-account](https://Canada.ca/my-cra-account).

You will need to **provide information** on the dental care visit, including the name of your child's dental care provider(s) and your employer information.

If you apply online and are signed up for **CRA direct deposit**, you can receive your payment within five business days!

If you're unable to apply for the Canada Dental Benefit online, **call 1-800-715-8836** to get your application started.

Make sure you have your Social Insurance Number, address, date of birth and a copy of your income tax return from last year.



## WHEN can you apply?

Parents can apply **starting December 1, 2022**, for dental care received by their eligible child back to October 1, 2022, so long as their child will still be under 12 on December 1. For the second payment, parents can apply starting July 1, 2023.

Visit [Canada.ca/dental](https://Canada.ca/dental) for more information, or call 1-800-715-8836



Government of Canada

Gouvernement du Canada

Canada

# Questions about your child's development?

## Contact us. We can help.

The Child Development Centre provides services to support children's development from birth to kindergarten. We help answer your questions and provide therapeutic support in areas such as: movement, speech/communication, social-emotional behaviour, sleeping, eating, toileting and sensitivities (to sound or touch).

### Some reasons to contact us:

If you are curious about your child's development, or if your child:

- Is not making or responding to sounds during the first year
- Has fewer than 20 words at 18 months of age
- Has a hard time playing with other children
- Gets upset with minor changes to their routine
- Has difficulty paying attention or understanding directions
- Is not crawling by 12 months
- Is very sensitive to touch, sounds, movement or smells



If you just aren't sure about something, contact us! Our contact info is below. You can also fill out a form to receive services online at [www.cdcyukon.ca/referral](http://www.cdcyukon.ca/referral).



Free & confidential services  
A non-governmental organization  
867-456-8182 ~ [www.cdcyukon.ca](http://www.cdcyukon.ca)



Partners for Children would like to give a big thank you to United Way Yukon for the years of support for our Parent-Child Mother Goose Program® and Mothering Your Baby groups.

**WE COULD NOT HAVE DONE IT WITHOUT YOU!**



# Infant Massage

A FREE 5-week series for caregivers and their little ones ages 0-6 months.



Connecting with our children through touch.

Spring 2024

Partners for Children, 108 Copper Rd  
Snacks and massage oil provided

Follow Partners for Children on [facebook](#) and [EventBrite](#) to be notified of new offerings with registration links.





## Yukon Family Mediation Service

**This free mediation service helps parents who are separating or divorcing to resolve conflicts and focus on the best interests of the children.**

This service is available for all Yukon communities. An impartial, trained mediator can help you make joint decisions about:

- ✓ parenting arrangements and responsibilities; and
- ✓ financial matters, such as child and spousal support.

**LEARN  
MORE**

Yukon Family  
Mediation Service  
at **867-667-5753**  
or email  
**flic@yukon.ca**

Yukon Family Mediation Service is made possible by Justice Canada



# April

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

1	No lunch HBHF Closed	2		3		4	Breakfast 10-12pm HBHF Lunch	5		6	
7		8	Breakfast 10-12pm HBHF Lunch	9		10		11	Breakfast 10-12pm HBHF Lunch Dietitian Visit	12	
14		15	Breakfast 10-12pm HBHF Lunch Planting Day	16		17		18	Breakfast 10-12pm HBHF Lunch Child Development Centre Visit	19	
21		22	Breakfast 10-12pm HBHF Lunch	23		24		25	Breakfast 10-12pm Lunch at the Family Literacy Centre	26	
28		29	Breakfast 10-12pm HBHF Lunch Family Resource Centre Visit	30							

IT'S SPRING TIME HERE IN THE YUKON! HERE'S A FUN WAY TO EXPLORE WITH YOUR LITTLE ONE IN THE SUNSHINE

**EXPLORE THE NEIGHBORHOOD:** WALK AND TALK WITH YOUR CHILD ABOUT WHAT YOU NOTICE CHANGING FROM DAY TO DAY IN YOUR NEIGHBORHOOD... IS THE GRASS COMING IN? ARE THE FLOWERS BEGINNING TO BLOOM? ANY BIRDS' NESTS? WHAT DO THEY SMELL? HEAR?

PHONE: (867) 667-4134  
503 HANSON STREET  
WHITEHORSE, YT

CPNP@VFWOMENSCENTRE.COM



## BÉBÉ EN SANTÉ, AVENIR EN SANTÉ

DES SERVICES EN FRANÇAIS **GRATUITS** POUR LES FAMILLES PENDANT LA PÉRIODE PRÉNATALE ET POST-NATALE



- Repas-répts bi-mensuels et repas congelés à emporter
- Soutien à l'allaitement maternel et accès au réseau d'entraide Nourri-Source Yukon
- Accès à un centre de ressources (livres, DVD) sur différents thèmes de la périnatalité
- Prêt de matériel: tire-lait, coussin d'allaitement, porte-bébé
- Réseau d'échange de vêtements
- Lieu d'accueil et d'écoute
- Service de relevailles (aide à la maison après la naissance)
- Accès aux services d'une diététiste certifiée
- Vitamines pré et postnatales gratuites
- Réseau de parents francophones
- Accès gratuit à une machine à coudre, une laveuse et une sècheuse

Offert dans le cadre du Programme canadien de nutrition prénatale de l'Agence de la santé publique du Canada (PCNP)

Pour participer au programme, écrivez-nous: [pcnp@lesessentielles.ca](mailto:pcnp@lesessentielles.ca)

(867) 668-2636  
3089, 3ème avenue  
Whitehorse, Y1A 5B3



Tu as déjà allaité et tu souhaiterais encourager et soutenir une maman de ta communauté? >>>

Deviens marraine d'allaitement avec Nourri-Source Yukon!



Écris-nous à [pcnp@lesessentielles.ca](mailto:pcnp@lesessentielles.ca)



# Hospice Yukon

## Splashing through Kids' Grief

The spring slush and mud puddles are good reminders of the way kids can play and get mucky in the messy and important work of expressing their grief.

At Hospice Yukon, free counselling is available for children who experience grief due to death or a life-limiting illness in the family.

Our counsellors use gentle play therapy and age-appropriate questions to help young kids express feelings and learn about death.



### Kids Corner

We have many great books to help children and youth understand death and grief, and anyone can borrow them from our library.



We also have a soft plush therapy dog and other toys to help children feel safe as they learn new emotional skills.

You're not alone in trying to support children coping with loss.

We can help you with books, online videos, resource people, and groups for children and caregivers.

Check [www.kidsgrief.ca](http://www.kidsgrief.ca) for many great tips for parents and educators.

We also have lots of helpful resources at [www.hospiceyukon.net](http://www.hospiceyukon.net) and our welcoming staff provide ongoing support to professional and family caregivers and teachers.

### Children "Puddle Jump" through Grief



Twice a year we offer a free webinar, *Supporting the Grieving Child*, so families and educators can learn more about how kids grieve and how to help them mourn.

It's normal for children to be very sad one minute and then "jump out of the puddle" for a laugh or a playful moment.

These mood changes can be unsettling for adults but are a healthy way that children allow themselves to take breaks from strong (and sometimes confusing) emotions.

Check [www.hospiceyukon.net/events](http://www.hospiceyukon.net/events) for workshops to support children, educators and caregivers

*Kids Grief Counselling*

*Kids Grief Support Groups*

*Lending Library*

*Professional Support*

*Public Education*

*409 Jarvis Street*

*Tel. 867-667-7429*



# Yukon CPNP and CAPC Programs

## 8 Canada Prenatal Nutrition Programs (CPNP) and 4 Community Action Program for Children (CAPC) Programs

**CPNP Programs** help improve the health of pregnant families, new parents and their babies, who face challenges that put their health at risk (poverty, teen pregnancy, social/geographic isolation, substance use and family violence).

**CAPC Programs** promote the healthy development of young children from birth to age 6, who face challenges that put their health at risk.

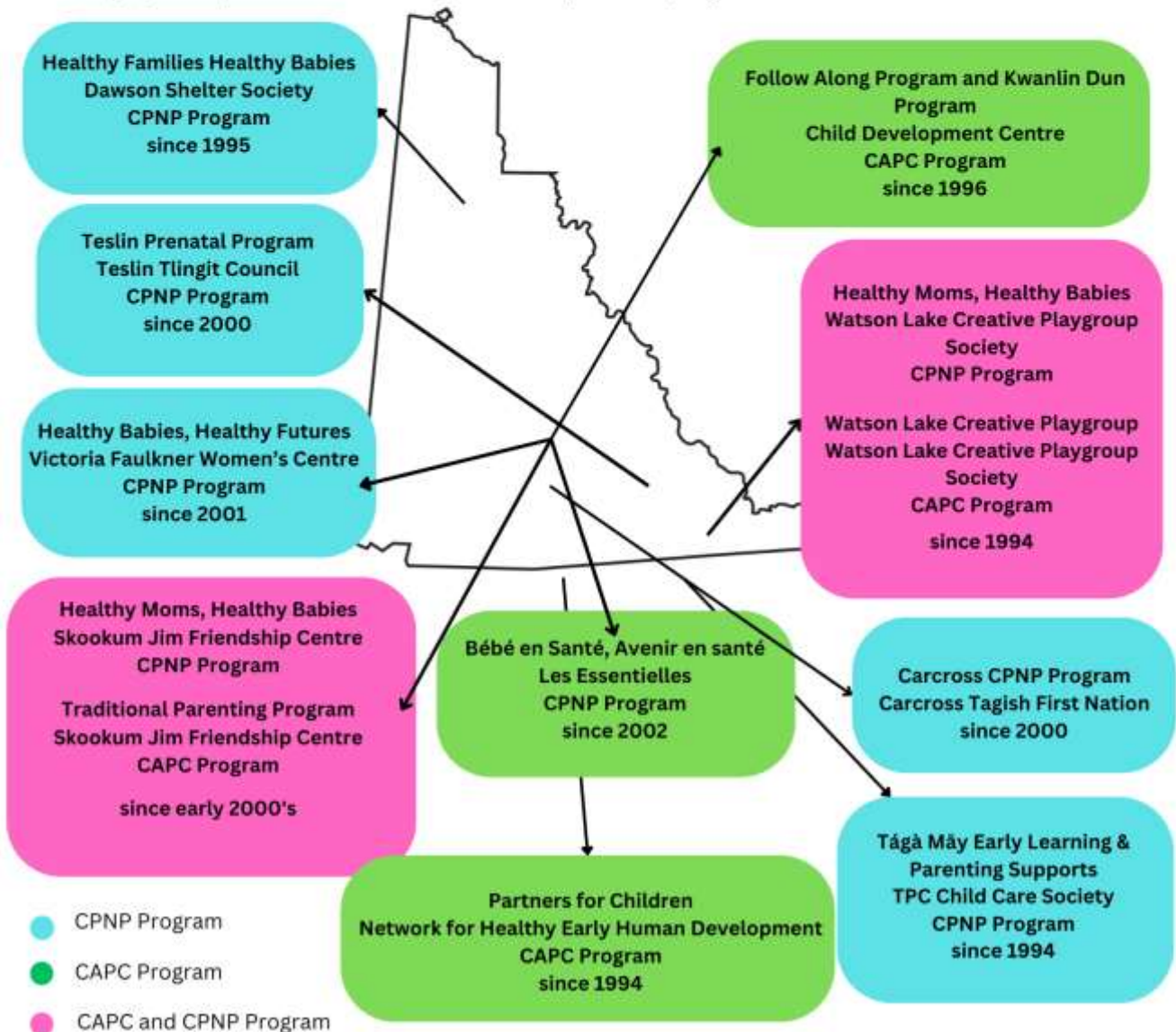
**The foundation for CAPC and CPNP activities** to support maternal and child health link back to the 1990 Government of Canada commitment made to invest in the well-being of children at the United Nations World Summit for Children and 1991 ratification of the UN Convention on the Rights of the Child.

Your current community programs that are funded by the Public Health Agency of Canada (PHAC) will come to an end on March 31st, 2026. These programs are in a period of understanding what is planned by governments beyond this date.

After more than a year of conversation and letter writing, we do know that for certain the programs will be dissolved and redirected into a new funding agreement – CAPC and CPNP programs will be revised into a different type of program; the details are still to be determined.

We are also aware that the total funding dollars, that have been unchanged since about 1994, will remain the same. The survival of these programs will continue to depend on investment wherever dollars can be found.

Your Partners for Children Newsletter is one of the projects produced by the PHAC dollars. In the lead up to “renewal” we would like to promote the valuable work these CAPC / CPNP have provided to our children and families for decades. It is important that you, the voter, is aware of this situation, in order to ask questions to your governments.



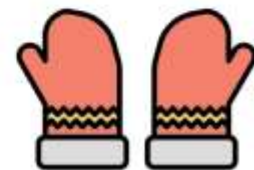
# SPRING HIGHLIGHT



## **Watson Lake Family Centre A CAPC and CPNP Program (currently 27 registered families)**

Programming in March and April included:

- Weekly baby and me groups
- Walks and/or yoga
- Dietitian visit, info session dinner, make and take home meals, one on one appointments
- DIY baby tethers
- Easter hunt/egg dying
- Canvas top mitt making workshop
- Community kitchen





# NHEHD Yukon

By utilizing endless scientific information that describes healthy early child development, we create small projects to meet our purpose.

By simply spreading the message that babies matter and are most important is our #1 project to date.

They are our future and our hope.

*Could you make "How are the children?" the first words from you to your neighbours or coworkers? Try it!*

**Become a NHEHD**

+

**Join the Network for Healthy Early Human Development today!**

[NHEHDYUKON@GMAIL.COM](mailto:NHEHDYUKON@GMAIL.COM)

