



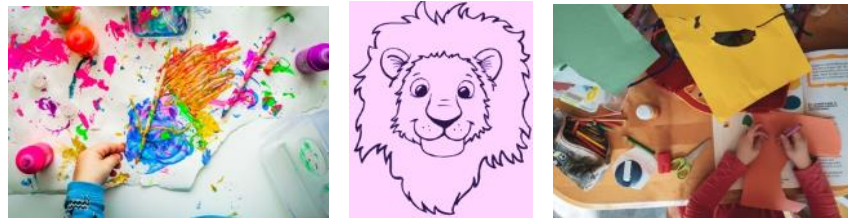
Creativity

THE MORE YOU USE, THE MORE YOU HAVE!

What do you think the biggest culprit can be in limiting a child's creativity during art and craft experiences?

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If you said "we can be" then you would be correct.

"Creativity is the freest form of self-expression. There is nothing more satisfying and fulfilling for children than to be able to express themselves openly and without judgment. The ability to be creative, to create something from personal feelings and experiences, can reflect and nurture children's emotional health."

(<https://www.pbs.org/>)

How can we, as adults, limit a child's creativity:

- By providing crafts with an expected product. When we show a child what we think the expected product should look like we immediately limit their creativity because they become focused on copying the model.
- Giving colouring pages with an expectation or encouragement to stay within the lines.
- Watching their every move (hovering).
- Giving rewards or creating competition between children.
- By the comments that we make. Comments/Questions like "That doesn't look like a turkey" or "What is that supposed to be?" or "Lions aren't pink they should be brown". When comments like this are made, many children will start to second guess themselves next time. They will ask things like "How am I supposed to make it?", "What colour should I use?", "Can you do this part for me?".

So how can we encourage children to be creative:

- Provide them with a variety of materials both indoors and outdoors.
- Let children experience the process rather than being focused on the product.
- Encourage children to be messy and try new things.
- Make comments like "Tell me about what you drew/made" rather than asking questions like "Is that a rabbit?" because what if the child didn't draw a rabbit.
- Display their work for others to see.
- When exploring new materials allow children the time to wonder and try out their ideas.
- Learn about different aspects of arts/crafts ourselves and share that knowledge with children.
- Share pictures of and books about arts/crafts from different cultures.
- Take children on a field trip to an art exhibit, museum, art studio, etc.
- In a childcare environment invite different artists to come to the centre.

The world needs creative people. Imagine how boring the world would be otherwise.
So, let's let children be creative!



partners for children contact information

Phone: 1-867-332-5990

Email: ContactUs@partnersforchildren.info

Mail: Partners for Children
108C Copper Road
Whitehorse, YT
Y1A 2Z6



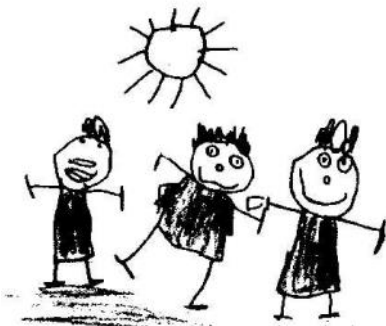
You may request a PDF version of this newsletter by emailing newsletter@partnersforchildren.info or checking our website: www.partnersforchildren.info

You may also request to have it mailed by Canada Post.



Coordinators: Katie Swales, Rebecca Fenton

Copy Editor: Lyndsay Amato



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The views expressed herein are solely those of the authors and do not necessarily represent the official

policy of Partners for Children, NHEHD Yukon or the Public Health Agency of Canada.



Community Websites

Autism Yukon

www.autismyukon.org

Big Brothers Big Sisters of Yukon

<https://yukon.bigbrothersbigsisters.ca>

Child, Youth and Family Treatment Services

<https://yukon.ca/en/health-and-wellness/mental-wellness/get-counselling-and-support-families-youth-and-children>

Child Development Centre

<https://cdc yukon.ca/>

Department of Education

Early Learning and Childcare Programs

<https://www.yukon.ca/en/early-childhood-learning-and-programs>

Early Learning Program, Yukon University

<https://www.yukonu.ca/programs/early-learning-and-child-care>

Family Law Information Centre

<https://yukon.ca/en/family-law-information-centre>

Fetal Alcohol Society Yukon

www.fassy.org

Hospice Yukon Society

www.hospiceyukon.net/

LDAY Centre for Learning

www.ldayukon.com

Network for Healthy Early Human Development

www.NHEHDYukon.org

Partners for Children

www.partnersforchildren.info

Recreation & Parks Association of the Yukon (RPAY)

<http://www.rpay.ca>

Skookum Jim Friendship Centre

<https://skookumjim.com/programs/>

Victoria Faulkner Women's Centre

<http://www.vfwomenscentre.com/>

Volunteer Yukon

<https://www.volunteeryukon.ca/>

Inclusion Yukon

<https://www.inclusionyukon.org/>

Yukon Child and Youth Advocate

www.ycao.ca

Yukon First Nations Education Directorate (YFNED) Early Years

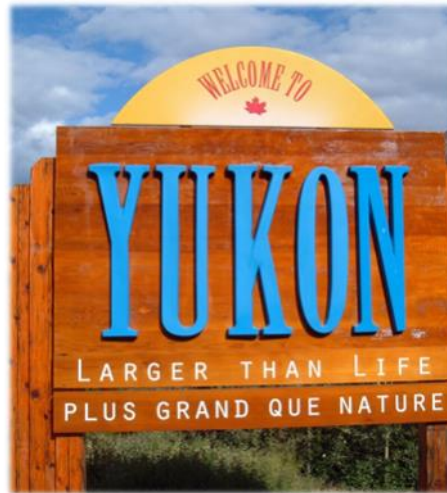
www.yfned.ca/earlyyears

Yukon Literacy Coalition

www.yukonliteracy.ca/

Yukon Public Libraries

<http://yukon.ca/en/libraries>



Parent-Child Mother Goose

Discover the power and pleasure of rhymes, songs, and stories



A FREE group for caregivers and little ones ages 0-5 yrs.

Thursdays, April 13—June 15
With residents at the Thomson Centre
10:30 am – 11:30am

Follow Partners for Children on FB
Register on [EventBrite](#).

Some spaces reserved for families who work with the CDC.
If this is you, please call 456-8182 ext. 190.



Parent-Child Mother Goose

Discover the power and pleasure of rhymes, songs, and stories



A FREE group for caregivers and little ones ages 0-5 yrs.

Tuesdays, April 18—June 20th
Partners for Children, 108 Copper Rd
11 am – 12pm

Follow Partners for Children on FB and
Register on [EventBrite](#)

Participants of Healthy Babies, Healthy Futures, please register with Megan or Camille at 867-667-4134.



Pause & breathe



Take care of yourself first so you can take care of your children.

- Pause, don't rush. Slow down and become aware of your words and actions.** especially when your emotions run high. We can say things we regret when stressed.
- Learn what stresses you.** Notice where you feel tense: jaw, shoulders, stomach or hips. Ground yourself and count backwards from ten. Feel into your feet. Count objects in your surroundings. Remember to breathe.
- Practice a daily mindfulness habit.** Slow down and belly breathe. Focus on each step when making your morning coffee, washing your hands or cleaning the dishes. When your mind drifts, bring it back to your present activity. Having self-awareness during periods of stress will allow your thinking brain to come online more quickly.

This is the first hint in the Compassionate Parenting – Lessons from our Forest Friends booklet created by Stace Burnard, Heather Dundas and Lara Bode.

For more information about this resource visit <https://www.cloudberrywellness.com/family-connections>



Yukon Child and Youth Advocate Office (YCAO)

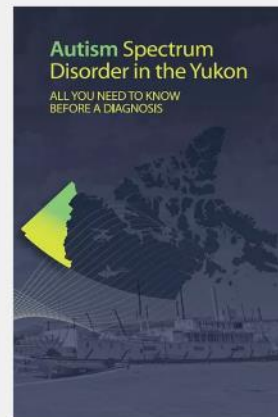
2070 – 2nd Avenue, Unit 19
Phone:
867 456 5575
www.ycao.ca
Young people have a voice!



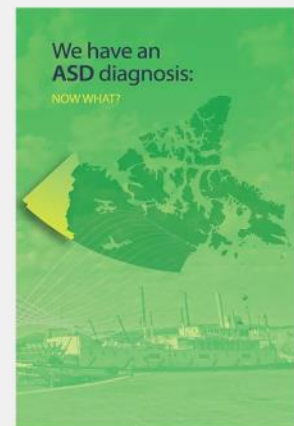
Autism Yukon

Autism Yukon's Info Booklets are now available in French AND English!

Check them out at: autismyukon.org/



(Cliquez [ici](#) pour la version française)



(Cliquez [ici](#) pour la version française)

Autism Yukon and Yukon Search and Rescue present:

Is your loved one at risk of becoming lost?

Consider signing up with Project Lifesaver: A frequency-based program to help find individuals with disabilities and/or dementia.

Call Autism Yukon to find out more. | 867.667.6406





**Family
Literacy
Centre**

(Upstairs in the Canada Games Centre)

**Fun, free, drop-in programs for
you and your child!**



*No wristbands
required.*

**Come
visit!**



Mon./Tues./Wed. & Fri. 9am-12pm; 12:30pm-3:30pm
Thurs. 12:30-3:30pm (Closed for lunch &
Sat. 9am-12pm, 1pm-3pm cleaning at noon)


**Spring programs run
March 27 to May 19, 2023**

Please stay home if
you are sick.

Sanitize hands frequently.

All programs are based on
adult-child participation.

For more information, call
668-8698 / 668-6535

 Yukon Family Literacy Centre

 @yukonfamilyliteracycentre

*The FLC will be closed
April 7 and 10.*

PARTNERS FOR CHILDREN OPEN DROP-IN at 108 Copper Road



A place for parents and caregivers of children 0 to 6 years of age.

Gather and connect with each other
Take part in play, crafts and activities with your child
Share conversations about parenting and find support
Gain access to resources for your family

NO REGISTRATION REQUIRED
SNACKS, COFFEE AND TEA PROVIDED

Follow Partners for Children on Facebook to see the schedule for the upcoming week.

For more information email contactus@partnersforchildren.info



For more information, call
668-8698 / 668-6535

Yukon Family Literacy Centre
 @yukonfamilyliteracycentre

All programs are based on child-adult participation.

MORNING PROGRAMS 10-11 am

Monday: Over the Rainbow • All ages Explore the magic of colour through art, music, and more!

Tuesday: 1, 2, 3, ABC! • All ages Early literacy begins with play! Join us for number and letter themed activities.

Wednesday: Yoga Stories • All ages Embed yourself in stories you love with yoga-based movements. Claw, stretch, and roar while we read!

Thursday: Reserved for group use. Closed to the public. Call 867 668 8698 to book for your literacy-based group.

Friday: Spa Day with Baby • All ages Feeling "frumpy"? Want to practice more "self-care"? We've got you covered! Join us for baby-friendly spa activities.

★ All programs are drop-in.
Everyone is welcome! ★

AFTERNOONS + SATURDAY check times on front

Family Free Play Drop-in: All Ages

Enjoy crafts, play dough, painting, reading, and more. When children play they build skills that are crucial for healthy development. Playing together as a family is not only fun, it also fosters physical, social, cognitive and emotional growth.

★ No wristband or registration required. ★

**Tu as déjà
allaité et tu
souhaiterais
encourager et
soutenir une
maman de ta
communauté?**



**Deviens
marraine
d'allaitement**
avec
Nourri-Source Yukon!



**Nourri-
Source**
YUKON



**les
essentielles**

Écris-nous à pcnp@lesessentielles.ca

BÉBÉ EN SANTÉ, AVENIR, EN SANTÉ

DES SERVICES EN
FRANÇAIS **GRATUITS** POUR
LES FAMILLES PENDANT
LA PÉRIODE PRÉNATALE
ET POST-NATALE



- Repas-répit bi-mensuels et repas congelés à emporter
- Soutien à l'allaitement maternel et accès au réseau d'entraide Nourri-Source Yukon
- Accès à un centre de ressources (livres, DVD) sur différents thèmes de la périnatalité
- Prêt de matériel: tire-lait, coussin d'allaitement, porte-bébé
- Réseau d'échange de vêtements
- Lieu d'accueil et d'écoute
- Service de relevailles (aide à la maison après la naissance)
- Accès aux services d'une diététiste certifiée
- Vitamines pré et postnatales gratuites
- Réseau de parents francophones
- Accès gratuit à une machine à coudre, une laveuse et une sècheuse

Offert dans le cadre
du Programme canadien
de nutrition prénatale de
l'Agence de la santé publique
du Canada (PCNP)

Pour participer au programme,
écrivez-nous:
pcnp@lesessentielles.ca

(867) 668-2636
3089, 3ème avenue
Whitehorse, Y1A 5B3



Postpartum Support In Yukon

by Jo Lukawitski, Certified in Mothers Mental Health Toolkit, Family Programs Trainer, and Facilitator of postpartum support groups at Partners for Children



Parents often tell us, “there’s nothing for postpartum support here in Whitehorse,” but there is SOO MUCH! Here are some resources if you are looking for postpartum support:

Support from

Others

- FREE peer support groups at **Partners for Children** such as **Mothering Your Baby**
- FREE parenting programs and home visiting program with Family Resource Unit, YG
- FREE support specifically for Dads with the Family Resource Unit, YG
- FREE peer support through Healthy Babies Healthy Futures and LesEssentielles
- Online connection through FB groups Yukon Babies 2021/22; Yukon Babies 2023
- FREE group support for parents of preemies and medically complex children through the Child Development Centre
- The Early Years program with YFNED in Whitehorse and the Communities
- Pre and post-natal supports for indigenous families at CYFN and KDFN
- Prenatally through the Prenatal Network Lunch with Family Resource Unit
- Online groups through Postpartum Support International and Pacific Postpartum Society

Counseling

- FREE rapid access counseling through Mental Wellness Substance Use and the Canadian Mental Health Association Yukon
- FREE online counseling via online groups, phone and text support—Postpartum Support International and Pacific Postpartum Society
- Private counsellors specializing in PMADS - Common Ground, Ignite, Spark Therapy
- Grief support through the Butterfly’s Embrace Project as well as Hospice Yukon

Medication

- Your family doctor or Whitehorse General Hospital

Exercise

postpartum

- Erica Van Vlack Strength and Conditioning
- Postnatal Yoga with Gemma Hosford
- Habit Fitness and Wellness

Other suggestions for support is mentioned on the PSI infographic, opposite page.



PERINATAL MOOD AND ANXIETY DISORDERS (PMADS)

Perinatal: Anytime during pregnancy through the first year postpartum



SYMPTOMS



Feelings of guilt, shame or hopelessness



Feelings of anger, rage, or irritability, or scary and unwanted thoughts



Lack of interest in the baby or difficulty bonding with baby



Loss of interest, joy or pleasure in things you used to enjoy



Disturbances of sleep and appetite



Crying and sadness, constant worry or racing thoughts



Physical symptoms like dizziness, hot flashes, and nausea



Possible thoughts of harming the baby or yourself



TREATMENT OPTIONS

Counseling

Medication

Support from others

Exercise

Adequate sleep

Healthy diet

Bright light therapy

Yoga

Relaxation techniques

RISK FACTORS



History of depression, anxiety, OCD



Pregnancy or delivery complications, infertility, miscarriage or infant loss



Abrupt discontinuation of breastfeeding



Thyroid imbalance, diabetes, endocrine disorders



Premenstrual Syndrome (PMS)



History of Abuse



Lack of support from family and friends



Financial stress or poverty



Unwanted or unplanned pregnancy

Postpartum Support International | www.postpartum.net | 800.944.4773 (call or text)

THE EARLY YEARS

LOVE
BUILDS
BRAINS

The Early Years program supports young Indigenous parents and caregivers to ensure they have the tools they need to be their children's best and first teachers.

Participants have access to:

- An Early Years Visitor to walk beside you through pregnancy and the next five years
- Weekly family visits
- Early Years Family Centre for sharing, reading, playing, beading
- Elder-guided sharing circles
- Fun and practical workshops

Who can participate:

- Indigenous moms, dads and caregivers with kids between 0-5 years of age living in Whitehorse, Mayo, Pelly Crossing, Old Crow, or Ross River.

To get involved, contact:
(867) 667-6962 ext.123
earlyyears@yfned.ca
www.yfned.ca/earlyyears

Or stop by our office:
207 Black Street



APRIL 2023

THEME: *Spring – new growth*



Early Years Family Space

The Early Years Family Space is located at 207 Black Street, in Whitehorse.

To register for the Group gatherings, please send an email to EarlyYears@yfned.ca or phone 867-667-6962 ext. 123.

Group gatherings and drop-ins are open to parents, caregivers, children and extended families!



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
	SEWING NIGHT 5:00 to 7:00 pm	DROP-IN 12:00 to 3:00 pm		CLOSED FOR PROFESSIONAL DEVELOPMENT	CLOSED FOR GOOD FRIDAY	
9	10	11	12	13	14	15
	CLOSED FOR EASTER MONDAY	DROP-IN 12:00 to 3:00 pm	GROUP GATHERING 5:00 to 7:00 pm <i>Baby night with Nurse Stephanie</i>	DROP-IN LUNCH 12:00 to 1:30 pm	CLOSED FOR PROFESSIONAL DEVELOPMENT	GROUP GATHERING 11:00 am to 3:00 pm <i>Lunch on the land</i>
16	17	18	19	20	21	22
	SEWING NIGHT 5:00 to 7:00 pm	DROP-IN <i>with CDC</i> 12:00 to 3:00 pm		DROP-IN LUNCH 12:00 to 1:30 pm	DROP-IN 11:00 am to 2:00 pm <i>Shipyards Park</i>	
23	24	25	26	27	28	29
		DROP-IN 12:00 to 3:00 pm	COOKING CLASS 5:00 to 7:00 pm	DROP-IN LUNCH 12:00 to 1:30 pm	DROP-IN 9:00 am to 12:00 pm	
30						
					NOTE: Snacks, coffee and tea are provided during the drop-ins	NOTE: A meal will be provided during group gatherings

Mothering Your Baby



A group for moms with babies under the age of 1
 Wednesdays, May 10—June 14th
 10:30am—12:30pm at Partners for Children

Mothers and their babies are invited to join us for sharing, connection, information and fun! We'll discuss the ups and downs of new parenthood, moods, our journey into our identity as a mother, our changing bodies, lives and relationships, and all that YOU want to talk about.

Register with Partners for Children – 332-5990
familyprogs@partnersforchildren.info



Thank you



For your support!

We couldn't do it without you.

Partners for Children

COVID-19 vaccine eligibility chart

	Primary series 1st dose	Primary series 2nd dose	1st booster	additional boosters
6 months to 4 years	Available anytime	8 weeks after 1st dose	Not eligible	Not eligible
5 to 11 years	Available anytime	8 weeks after 1st dose	6 months after 2nd dose	6 months after last booster (no more than 4 doses total)
12 to 17 years	Available anytime	8 weeks after 1st dose	6 months after 2nd dose	6 months after last booster
18+ years	Available anytime	8 weeks after 1st dose	6 months after 2nd dose	6 months after last booster

Notes: Immunocompromised individuals may need an additional 3rd dose of their primary series. Anyone ages 65 and older is recommended to receive a spring 2023 booster. If you have recently had COVID-19, you should wait at least 6 months after testing positive or the start of symptoms before getting your next vaccine.

5 to 11 years old: Immunocompromised individuals or those with chronic conditions are recommended to receive a spring 2023 booster. Individuals that did not receive a fall 2022 booster may receive one in the spring of 2023, although it is not strongly recommended. Individuals that received a booster in the fall of 2022 are not eligible for a booster in the spring of 2023.

12 to 64 years old: Immunocompromised individuals or those with chronic conditions are recommended to receive a spring 2023 booster. Individuals may receive one in the spring of 2023, although it is not strongly recommended.





Yukon Public Libraries
aim to provide books, audiovisual materials and
other resources to meet the needs of Yukoners of all
ages.

Libraries also provide fun and informative
programming, safe, healthy, breast-feeding-friendly
community spaces, library tours and room rentals.

Story Time

at Whitehorse Public Library!



**Join us for stories, songs,
rhymes and movement!**

Tuesdays, April 18 to June 6
10:30-11:30 AM

A free drop-in program for children ages 0-5 and caregivers
at Whitehorse Public Library, 1171 Front Street

For more info, contact us at 667-5239 or WhitehorseLibrary@yukon.ca



- Yukon Libraries:**
Beaver Creek Community Library
Burwash Community Library
Carcross Community Library
Carmacks Community Library
Dawson City Community Library
Faro Community Library
Haines Junction Community Library

- Mayo Community Library
Old Crow Community Library
Pelly Crossing Community Library
Ross River Community Library
Tagish Community Library
Teslin Community Library
Watson Lake Community Library
Whitehorse Community Library

TWO CHILD AWARDS AVAILABLE (Care Helps Individuals Learn and Develop)

Do you know a dedicated Yukoner in a licensed child care program, who honours young children through authentic, meaningful care?

AND/OR

Do you know a dedicated Yukoner who works to improve the lives of young children and families through change making and support?

**Then why not nominate them for one of this year's
Apryl Olsen CHILD Awards.**

Email: nhehdyukon@gmail.com for a copy of the PDF document which contains all the information you need to know.

Submissions due by May 5th, 2023

**Awards will be presented at NHEHDY AGM
in May or June 2023.**





Yukon CPNP Programs

Canadian Prenatal Nutrition Programs (CPNP) are funded by the Public Health Agency of Canada (PHAC) and the Yukon Government and can be tailored to meet individual community needs.

The CPNP Programs take many forms: Healthy Moms, Healthy Babies, Traditional Parenting Programs, Lunch and Learn, Nutrition Heroes, walking clubs and more. CPNP programs support **pregnant parents and parents with young children**. This time of life can be one of the most difficult, tumultuous, transitional, and rewarding times in a person's life. A time when people need support!

The programs offer support in a number of ways such as: free drop-in lunches; a welcoming and inclusive atmosphere; 1:1 nutrition consultation; nutrition supplements; information and skill building sessions; fun prenatal and postnatal physical activities; breastfeeding support; encouragement to choose healthy lifestyle choices; opportunities for personal development; and opportunities for parents to build their support network through community referrals, meeting other parents, and so much more. There are eight CPNP sites throughout the Yukon, each one offering unique support that is adapted to that community's needs. Support for pregnant families and new parents is available at four sites in Whitehorse. There are also sites in Teslin, Carcross, Dawson City and Watson Lake. Each program welcomes pregnant parents and parents who have babies. Whitehorse welcomes families with babies up to one year old. Dawson's program includes families with children up to two years, and Carcross welcomes families with children up to three years.

If you live in Whitehorse, you can choose from:

- **Healthy Babies, Healthy Futures at Victoria Faulkner Women's Centre:** (867) 667-4134 or cpnpwhitehorse@northwestel.net

- **Skookum Jim Friendship Centre:** (867) 663-7680 or prenatal@skookumjim.com

- **Bébé en santé, avenir en santé At Les EssentiElles:** (867) 668-2636 or pcnp@lesessentielles.ca

- **Teen Parent Centre:** (867) 667-8336 or teenparentcentrecpnp@gmail.com

- **Dawson City:** (867) 993-5149 or cpnpdawson@northwestel.net

- **Carcross:** (867) 821-4251 or jennifer.joe@ctfn.ca

- **Teslin:** (867) 390-2532 ext 371 or teslin.prenatal@ttc-teslin.com

- **Watson Lake:** (867) 536-2125 or watsonlakecpnp@gmail.com



Eating delicious food together is a big part of what happens at CPNP sites. Food security is important and your CPNP Coordinator is available to help you. If you have questions about this, or other ways that you might need or want support, please contact the CPNP Coordinator in your community.



Yukon Family Mediation Service

This free mediation service helps parents who are separating or divorcing to resolve conflicts and focus on the best interests of the children.

This service is available for all Yukon communities. An impartial, trained mediator can help you make joint decisions about:

- ✓ parenting arrangements and responsibilities; and
- ✓ financial matters, such as child and spousal support.

**LEARN
MORE**

Yukon Family
Mediation Service
at **867-667-5753**
or email
flic@yukon.ca

Yukon Family Mediation Service is made possible by Justice Canada.

Outreach Schedule

March to May 2023

March

2	Haines Junction
6-9	Watson Lake
7-9	Faro & Ross River
9	Carmacks
22	Carcross
28	Teslin

April

3-5	Destruction Bay/Burwash Landing/Beaver Creek
4-6	Dawson City
13	Carmacks
13	Haines Junction
19	Carcross
25-27	Faro & Ross River
25	Teslin

May

TBD	Old Crow
2 - 4	Pelly & Mayo
11	Carmacks
11	Haines Junction
15-18	Watson Lake
15-18	Dawson City
24	Carcross
30	Teslin

For more information contact:

Brooke McKenzie
Program Coordinator

email

brooke.mckenzie@cdc yukon.ca

phone

867-456-8182 ext. 161
or 1-866-835-8386



Skills to focus on for Kindergarten

Do you have a child starting Kindergarten in the fall? Read below for skills for your child to work towards to help them be ready for the school year.

Personal care routines

- using the toilet
- washing hands
- putting on and taking off outdoor clothes and shoes
- opening and closing lunch containers

Social emotional

- interacting with peers and adults
- asking for help for wants and needs
- separating from parents and caregivers
- expressing and working through emotions

Learning

- following a routine
- being familiar with books
- sitting and listening to a story
- following 1 to 2 step directions
- participating in individual and group activities
- opportunities to use things like crayons, markers, scissors and glue



Multicultural Connection

These sessions are designed for families of all backgrounds. Join us to connect with other parents and caregivers, learn about different traditions and discover new library resources!



Six Wednesday sessions:

April 19, 26 and May 3, 10, 17 and 24
From 11 am to 1 pm

Whitehorse Public Library Meeting Room
1171 Front Street, Whitehorse

**Free program for immigrants and refugee families!
Lunch and transportation will be provided.**

For more information and to register, please contact
Yoko Oda: 867-332-1803 or yoko.oda@yukon.ca



The Heart and the Bottle.... Resources for Kids' Grief

Everyone loves a storybook.

At Hospice Yukon we have many wonderful stories that help us find the words to express things that are challenging.

One such book is ***The Heart and the Bottle*** by Oliver Jeffers.

Beautifully illustrated, it tells the story of a curious and lively little girl who meets loss and decides to put her heart in a bottle to protect it..

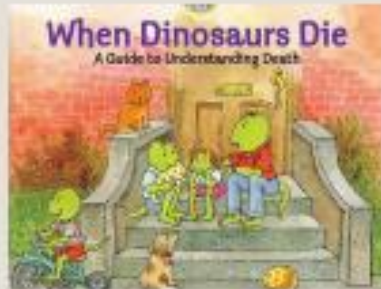
Life becomes awkward and heavy, and she loses her curiosity in trying to protect her heart.

Come explore the ending of this tale and find other great books at our welcoming house at **409 Jarvis Street** in Whitehorse.



Kids Corner

We have many great books to help children and youth understand death and grief, and anyone can borrow them from our library.



We also have a soft plush therapy dog and other toys to help children feel safe as they learn new emotional skills.



You're not alone in trying to support children coping with loss.

We can help you with books, online videos, resource people, and groups for children and caregivers.

Check www.kidsgrief.ca for many great tips for parents and educators.

We also have lots of helpful resources at www.hospiceyukon.net and our welcoming staff provide ongoing support to professional and family caregivers and teachers.

Kids Grief Counselling

Kids Grief Support Groups

Lending Library

Professional Support

Public Education

409 Jarvis Street

Tel. 867-667-7429



Canada Dental Benefit

Smile!
It is here.



For kids **under
12 years old**



For families
with an adjusted
net income
**under \$90,000
per year**



For those who
**don't have
access to
private dental
care insurance**

Find out more at Canada.ca/dental
or 1-800-715-8836



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Mother's Mental Health Group

A **FREE** group for mothers with their little ones.

Peer-to-peer support for women adjusting to life as a mother to children aged 0-5yrs. The adjustment to mothering is always a big step in a woman's personal development, and this group will give practical tools to support mental health, community connections and cultivate self-care.

Fridays, June 2, 9, 16 and 23rd, 2023
10:30am—12:30pm
108 Copper Road, Partners for Children

To register, call **332.5990** or email
familyprogs@partnersforchildren.info



partners for children





NHEHD Yukon stays true to its mission.
Email coordinator@partnersforchildren.info for more information.

Using the huge amount of scientific information that describes healthy early child development, we create small projects to meet our purpose.

One important project is simply spreading the message that babies matter and are most important. They are our future and our hope.

“How are the children?” could be the first words from you as a neighbour or coworker.

**Become a NHEHD!
Join the
Network for Healthy Early Human Development!**

nhehd yukon@gmail.com

**Using
community &
scientific
knowledge**

**help
facilitate
projects**

**with a diverse
network of
people and
organizations**

**Result:
through
community
participation, all
Yukon’s children have
the best start in life.**