



**There are no perfect parents, children or people. We can only do our best, and we all need help once in a while.**

**The Nobody's Perfect Parenting Program uses a participant-centered, strengths based approach.**

**Parents/Caregivers of children 0 to 5 years of age have an opportunity to:**

- **Meet with other parents/caregivers of young children.**
- **Determine what topics they want to discuss.**
- **Share questions or concerns and ideas about being a parent.**
- **Talk about real-life parenting experiences.**
- **Learn about child development, safety, health and behaviour.**
- **Learn more about positive parenting.**

**For more information call 867-332-5990 or email [familyprogs@partnersforchildren.info](mailto:familyprogs@partnersforchildren.info)**